

# Weekly - Nutrient Analysis

Site: 2019-2020 Elementary Breakfast menu - Week 1  
 Week: Multiple  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-5  
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[350.00 - 500.00]	398.82	
Fat (g)		5.51	12.44
Sfat (g)(1)	< 10.00 % of Calories	2.01	4.54
TFat (g)(2)		0.01	
Chol (mg)		9.81	
Sodium Target 1 (mg) (13)	< 540.00	348.79	
Sodium Target 2 (mg) (13)	< 485.00	348.79	
Carb (g)		78.44	78.67
TDF (g)		3.52	
Sugars (g)		44.80(M)	44.93
Pro (g)		10.87	10.90
Fe (mg)		3.92	
Ca (mg)		280.57(M)	
A,IU		1,031.69	
VitC (mg)		112.74(M)	
Mois (g)		41.37(M)	
Ash (g)		0.44(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	6.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[7.000 - 10.000]	10.000	
Non-WGR		0.000	
WGR	>= 100.000 % of	50.000	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Elementary Monday/Friday Breakfast :70452 - Day: 1</b>	100																
<b>Category: Entrees; Choose: 1</b>																	
Apple Jacks breakfast kit - LR100260 (1 ea.)	15	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
blueberry pop tart kit - LR100288 (1 ea.)	25	295.00	6.25	1.75	0.00	0.00	235.00	58.00	1.50	30.50	3.50	2.16	20.00	500.00	100.00	(M)	(M)
Froot Loops Breakfast Kit - LR100261 (1 ea.)	15	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
Frosted flakes Breakfast Kit - LR100265 (1 ea.)	20	195.00	1.75	0.25	0.00	0.00	245.00	44.00	1.50	22.50	2.50	6.66	170.00	500.00	104.80	(M)	(M)
Strawberry pop tart kit - LR100246 (1 ea.)	25	290.50	6.10	1.80	0.05	0.00	231.50	56.05	1.15	29.80	3.45	2.16	20.00 (M)	500.00	100.00 (M)	6.38(M)	(M)
<b>Category: Fruits; Choose: 2</b>																	
Apples, fresh, raw, sliced, unpeeled (with skin) from ready-to-eat pouch [100285, A338], F - SR105075 (4 oz.)	50	58.00	0.20	0.05	0.00	0.00	2.00	15.66	2.80	(M)	0.29	0.14	6.00	62.00	5.21	(M)	(M)
<b>Category: Milk; Choose: 1</b>																	
Milk, Variety,milk - LR100009 (1 Carton)	85	111.11	1.67	1.00	0.00	11.54	143.45	14.70	0.00	13.70	8.13	0.00	275.90	570.95	1.54(M)	(M)	(M)
<b>Elementary Breakfast Tuesday Wednesday Thursday :70452 - Day: 2</b>	100																
<b>Category: Entrees; Choose: 1</b>																	
Apple Jacks breakfast kit - LR100260 (1 ea.)	20	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
blueberry pop tart kit - LR100288 (1 ea.)	25	295.00	6.25	1.75	0.00	0.00	235.00	58.00	1.50	30.50	3.50	2.16	20.00	500.00	100.00	(M)	(M)
Froot Loops Breakfast Kit - LR100261 (1 ea.)	15	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
Frosted flakes Breakfast Kit - LR100265 (1 ea.)	15	195.00	1.75	0.25	0.00	0.00	245.00	44.00	1.50	22.50	2.50	6.66	170.00	500.00	104.80	(M)	(M)
Strawberry pop tart kit - LR100246 (1 ea.)	25	290.50	6.10	1.80	0.05	0.00	231.50	56.05	1.15	29.80	3.45	2.16	20.00 (M)	500.00	100.00 (M)	6.38(M)	(M)
<b>Category: Fruits; Choose: 2</b>																	
Bananas, raw - SR105089 (1 medium (7"))	75	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	1.29	0.31	5.90	75.52	10.27	88.39	0.97
<b>Category: Milk; Choose: 1</b>																	
Milk, Variety,milk - LR100009 (1 Carton)	85	111.11	1.67	1.00	0.00	11.54	143.45	14.70	0.00	13.70	8.13	0.00	275.90	570.95	1.54(M)	(M)	(M)

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>Elementary Breakfast Tuesday Wednesday Thursday :70452 - Day: 3</b>	100																
<b>Category: Entrees; Choose: 1</b>																	
Apple Jacks breakfast kit - LR100260 (1 ea.)	20	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
blueberry pop tart kit - LR100288 (1 ea.)	25	295.00	6.25	1.75	0.00	0.00	235.00	58.00	1.50	30.50	3.50	2.16	20.00	500.00	100.00	(M)	(M)
Froot Loops Breakfast Kit - LR100261 (1 ea.)	15	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
Frosted flakes Breakfast Kit - LR100265 (1 ea.)	15	195.00	1.75	0.25	0.00	0.00	245.00	44.00	1.50	22.50	2.50	6.66	170.00	500.00	104.80	(M)	(M)
Strawberry pop tart kit - LR100246 (1 ea.)	25	290.50	6.10	1.80	0.05	0.00	231.50	56.05	1.15	29.80	3.45	2.16	20.00 (M)	500.00	100.00 (M)	6.38(M)	(M)
<b>Category: Fruits; Choose: 2</b>																	
Bananas, raw - SR105089 (1 medium (7"))	75	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	1.29	0.31	5.90	75.52	10.27	88.39	0.97
<b>Category: Milk; Choose: 1</b>																	
Milk, Variety,milk - LR100009 (1 Carton)	85	111.11	1.67	1.00	0.00	11.54	143.45	14.70	0.00	13.70	8.13	0.00	275.90	570.95	1.54(M)	(M)	(M)
<b>Elementary Breakfast Tuesday Wednesday Thursday :70452 - Day: 4</b>	100																
<b>Category: Entrees; Choose: 1</b>																	
Apple Jacks breakfast kit - LR100260 (1 ea.)	20	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
blueberry pop tart kit - LR100288 (1 ea.)	25	295.00	6.25	1.75	0.00	0.00	235.00	58.00	1.50	30.50	3.50	2.16	20.00	500.00	100.00	(M)	(M)
Froot Loops Breakfast Kit - LR100261 (1 ea.)	15	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
Frosted flakes Breakfast Kit - LR100265 (1 ea.)	15	195.00	1.75	0.25	0.00	0.00	245.00	44.00	1.50	22.50	2.50	6.66	170.00	500.00	104.80	(M)	(M)
Strawberry pop tart kit - LR100246 (1 ea.)	25	290.50	6.10	1.80	0.05	0.00	231.50	56.05	1.15	29.80	3.45	2.16	20.00 (M)	500.00	100.00 (M)	6.38(M)	(M)
<b>Category: Fruits; Choose: 2</b>																	
Bananas, raw - SR105089 (1 medium (7"))	75	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	1.29	0.31	5.90	75.52	10.27	88.39	0.97
<b>Category: Milk; Choose: 1</b>																	
Milk, Variety,milk - LR100009 (1 Carton)	85	111.11	1.67	1.00	0.00	11.54	143.45	14.70	0.00	13.70	8.13	0.00	275.90	570.95	1.54(M)	(M)	(M)
<b>Elementary Monday/Friday Breakfast :70452 - Day: 5</b>	100																

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Apple Jacks breakfast kit - LR100260 (1 ea.)	15	200.00	1.50	0.50	0.00	0.00	205.00	44.50	2.00	23.50	3.50	4.68	10.00	500.00	115.00	(M)	(M)
blueberry pop tart kit - LR100288 (1 ea.)	25	295.00	6.25	1.75	0.00	0.00	235.00	58.00	1.50	30.50	3.50	2.16	20.00	500.00	100.00	(M)	(M)
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