

IMPORTANT FALL SPORTS INFORMATION

Parents / Guardians:

Attached in this packet are a number of important documents:

1. Physical Card / Parent Consent / Information Card (Green)
2. Code of Conduct and Sign-off (Green)
3. Meeting dates
4. Contact Information
5. Important Instructions

Instructions for the student-athlete who will participate in a fall sport during the 2006-07 school year.

1. Completely read all paperwork sent home.
2. Sign at all applicable locations with either parent signature or student signature, as necessary.
3. If you plan on playing winter and spring sports, your parents' can sign at that sport as well as the fall sport.
4. Return all paperwork (physical card / code of conduct card) immediately to the athletic office in the high school or main office in the middle school.
5. All paperwork must be returned by **Friday, June 16, 2006** in order to receive a physical free of charge in school.
6. Please wear shorts and a t-shirt to your physical.

Physical Information:

Physicals will take place on **Wednesday, July 26, 2006** beginning at 9:00 a.m. in the Field House at the stadium. The schedule listed below will let you know time your sport physicals will begin. An attached letter from Orthopaedic Associates, Ltd. will explain more about the physical process and alternative physical dates. If you cannot attend any of these physicals, you must schedule an appointment with your own physician. Please do not arrive earlier than your scheduled time.

9:00 a.m. – Middle School Girls' Cross Country, Middle School Girls' Volleyball

9:20 a.m. – Middle School Field Hockey

9:40 a.m. – Girls' Tennis, Girls Cross Country, Cheerleading

10:00 a.m. – Field Hockey, Girls' Volleyball

10:20 a.m. – Middle School Boys' Cross Country, Boys' Cross Country

10:40 a.m. – Middle School Football

11:00 a.m. – Boys' Soccer, Golf

11:20 a.m. – Football

11:40 a.m. – Students from other schools

Any student-athlete who has received a physical by their own physician has to have had that physical take place on or after June 30, 2006. Please secure our paperwork prior to receiving your physical by your own physician. No physicals performed before June 30, 2006 will be accepted regardless of purpose of the prior physical.

Preseason Parents' Meeting for all sports and all levels:

All parents and athletes are expected to attend pre-season coaches meetings. These meetings are sport-specific and are held by sport coaches prior to the season. This year they will be held in conjunction with the Whitehall Athletic Department Pre-season Meeting. **The meeting will take place on Monday, August 7, 2006. The meeting will begin promptly at 7:00 p.m. in the High School Auditorium.** Coaches from all fall sports will be present to host their sport specific meetings that evening as well.

The Whitehall Athletic Department Pre-season meeting will be brief and inform you of some basic athletic department policies and procedures, followed by sport specific meetings in other classrooms. This is an excellent opportunity for parents who are new to interscholastic athletics to hear information on insurance, injuries, and programs, as well as have an opportunity to ask questions which they may have. Sport coaches will distribute and discuss valuable information that will help your student-athlete have a successful sport experience.

Veteran athletic parents and their athletes will also not want to miss this evening as your sport coach will also hold his/her preseason meeting that evening. At this portion of the pre-season meeting parents and athletes will receive information on schedules and practice times, regulations, and expectations. It is a meeting you should not miss

The first day of practice for all HIGH SCHOOL FALL sports is:

MONDAY, AUGUST 14, 2006

The first day of practice for all MIDDLE SCHOOL FALL SPORTS is:

NO EARLIER THAN WEDNESDAY, AUGUST 16, 2006

For additional questions, please contact:

- Cheerleading** – Jean Marsteller, Head Cheerleading Coach – 610-437-5081
- Cross Country** – Mike Squarcia, Head Cross Country Coach – 610-439-1439
- Field Hockey** – Bob Hartman, Athletic Director – 610-437-5081 ext. 1816
- Football** – Bob Panny, Head Football Coach – 610-437-5081
- Golf** – Jim Ott, Head Golf Coach – 610-395-1127
- Boys' Soccer** – Mark Wetherhold, Head Boys' Soccer Coach – 610-262-2322
- Girls' Tennis** – Don Kuhns, Head Girls' Tennis Coach – 610-264-9738
- Girls' Volleyball** – Judy Harakal, Head Girls' Volleyball Coach – 610-437-5081

High School Athletic Office – 610-437-5081 ext. 1816

A comprehensive list of all Whitehall athletic events can be found at www.highschoolsports.net